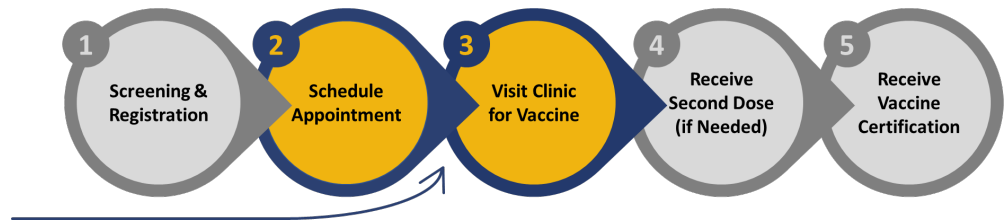


Vaccine & Immunization Network Interface (VINI)

How to Prepare for a COVID-19 Vaccine Appointment

This Tip Sheet is to help prepare recipients for a COVID-19 vaccine appointment in the New Hampshire Vaccine & Immunization Network Interface (VINI).



What do I need to do before my appointment?

When you book your appointment:

- ✓ While you will get an email or text reminder, please mark your calendar with your appointment date and time.

Day before your appointment:

- ✓ Take the **pre-vaccination questionnaire** that you will receive in an email from noreply_NHVMS@notices.nh.gov 12 hours prior to your appointment to help speed up your appointment and reduce delays for others at the clinic. You can also find this questionnaire in your VINI account by clicking into the details of your appointment.

If you cannot access or do not have a VINI account, you will be able to fill out the pre-vaccination questionnaire at the clinic at the time of your appointment.

- ✓ Gather any documents you need to bring to your COVID-19 vaccine appointment.

Bring proof of identity in the form of either:

- ✓ Valid, unexpired driver license or non-driver ID card.
- ✓ Valid, unexpired passport

NOTE: For 16 and 17-year olds, please have your parent accompany you to your appointment. For minors without one of these documents, a birth certificate or passport must be brought as proof of age, and a parent/guardian must provide one of the above documents.

- ✓ If this is your second COVID-19 vaccination, bring a copy of your first vaccination record or **CDC COVID-19 vaccination card**.



Day of your appointment:

- ✓ Bring your documents (mentioned above)
- ✓ Wear comfortable clothing and a short-sleeve shirt or a jacket that allows clinic quick access to your upper arm
- ✓ Check in at the clinic 15 minutes before your appointment
- ✓ If you feel sick on the day of your appointment or are diagnosed with COVID-19 within 14 days of your appointment, please reschedule for when you feel healthy and well
- ✓ Learn about [common side effects after getting a COVID-19 vaccine](#) and get helpful tips on how to reduce your pain and discomfort
- ✓ Be prepared to wait 15 to 30 minutes after receiving the vaccine for observation
- ✓ Register for [v-safe](#), the CDC's tool to provide personalized health check-ins after you receive your COVID-19 vaccination

Congratulations – you are ready for your COVID-19 vaccine appointment!

If you have any questions throughout this process, please dial 2-1-1 for support.